

In Home Services Training

Excerpted from: Missouri Children's Division, Family Centered Services for Intact Families Training

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Training Objectives

Case Planning

Workers will be able to:

- Identify the stage of case planning for each family in their caseload.
- Identify appropriate case activities for each family in their caseload based upon the stage of case planning.

Assessment and Reassessment

Workers will be able to:

- Review previous assessments in the record, assess whether casework addresses the identified issues, and assess progress toward goals.
- Complete safety and risk reassessments using appropriate interviewing skills to gather the necessary information.
- Consider accumulation of harm due to chronic neglect in assessments and reassessments.
- Demonstrate knowledge of when to close a case
- Utilize the Strengths/Needs/Culture Assessment.
- Identify functional family strengths

Safety Planning

Through the use of case examples and skill practice, workers will be able to:

- Help a family plan for the safety of their children.
- Explain their role during a child abuse investigation and identify when policy requires them to make a child abuse report.

Treatment Planning

Using case examples, practice exercises, and actual case discussions, workers will be able to:

- Tie treatment plans to the assessment,
- Utilize solution-focused techniques to help families develop well-formed goals
- Revise treatment plans according to family needs and effectively use community supports through the family support teams to aid the family in reaching their goals.
- Use functional strengths in the development of mutually agreed upon solution-focused treatment plans.
- Help the family make a smooth transition from agency involvement at case closure.

Family Support Teams

Using skill practice and case examples, workers will be able to:

- Explain the purpose and roles of a Family Support Team for intact families.
- Identify key times in a family's life when a FST would be appropriate.
- Explain how to facilitate a productive meeting including addressing sensitive issues (domestic violence, hygiene, substance abuse) using engaging skills and interview techniques such as solution focused questions.

Case Documentation

The workers will:

- Describe the essentials of case recording in Family Centered Services.

Training Curriculum Content

Introductions

Ice Breaker
Pre-Test

Critical Thinking

Challenging Our Assumptions
Strategies for Critical Thinking

Strengthening Families

Characteristics of Healthy Families
Traits of a Healthy Family
Protective Factors

Change Process

Pre-contemplative Stage
Contemplative Stage
Determination Stage
Action Stage
Maintenance Stage
URICA

Stages of Case Planning

- Intake
- Assessment
- Goal Determination / Determination of Change Goal
- Planning / Selection of Treatment Plan
- Contracting / Establishment of Agreement
- Implementing Plan / Sustaining Treatment Plan
- Evaluating
- Case Closure / Termination and Aftercare

Supervisory Consultations

Assessment/Reassessment Issues

Functional Strengths

Cultural Issues:

- Culturagram
- Family Functioning Consultation
- Safety versus Risk
- Safety Reassessment Practice
- Mandated to Report
- Removal Issues
- Concurrent Planning
- Intensive In-home Services (IIS)
- CS-45
- Kinship Care
- Present Danger
- Confirming Safe Environments
- Assessing and Identifying Risks
- Risk Reassessments

Treatment Planning

- Accumulation of Harm
- Chronic Neglect
- Case Continuity
- Continuity of Treatment Plans and Assessment
- Interviewing for Solutions
- Family Support Teams

Documentation

Assessing for Case Closure

Post Test

Review and Adjourn